



2017

Brading Haven Yacht Club Training



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Brading Haven Yacht Club,
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Principal: Sarah Noyes

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Welcome to the 2017 programmed training courses for Brading Haven Yacht Club.

BHYC Mission Statement

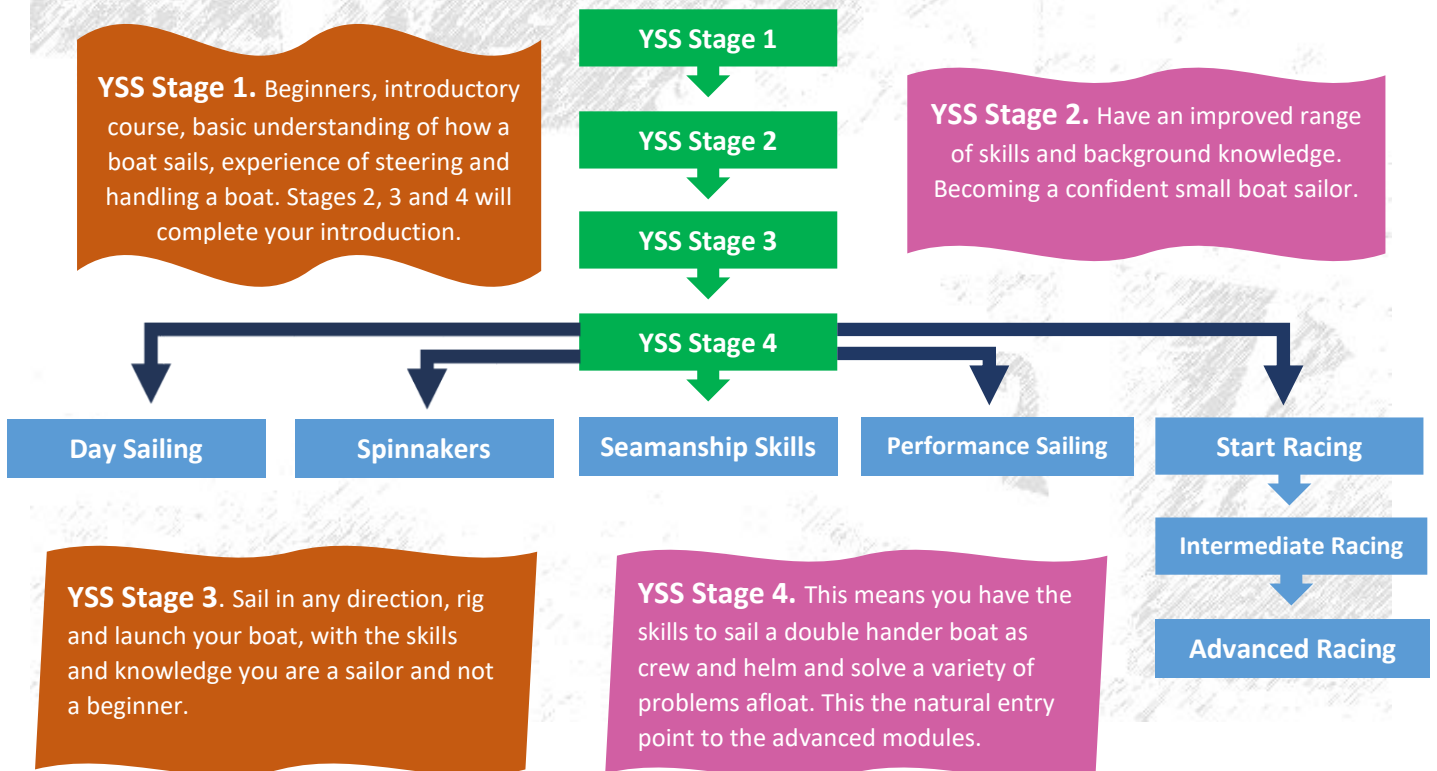
The objectives of the Club are to promote and facilitate community participation and training in sailing and other waterborne and social activities in a safe, fun and controlled environment through Club membership.

As you browse through this document looking for courses and if you need more help or can't find what you are looking for, or have any other training queries, please contact us using the details provided on the front page. BHYC can arrange for additional courses in either of the schemes should they be required due to demand.

All courses at Brading Haven Yacht Club follow the relevant RYA Syllabi. The levels are as follows:

RYA Youth Sailing Scheme (YSS) (For under 16's), Youth Sailing Scheme overview.

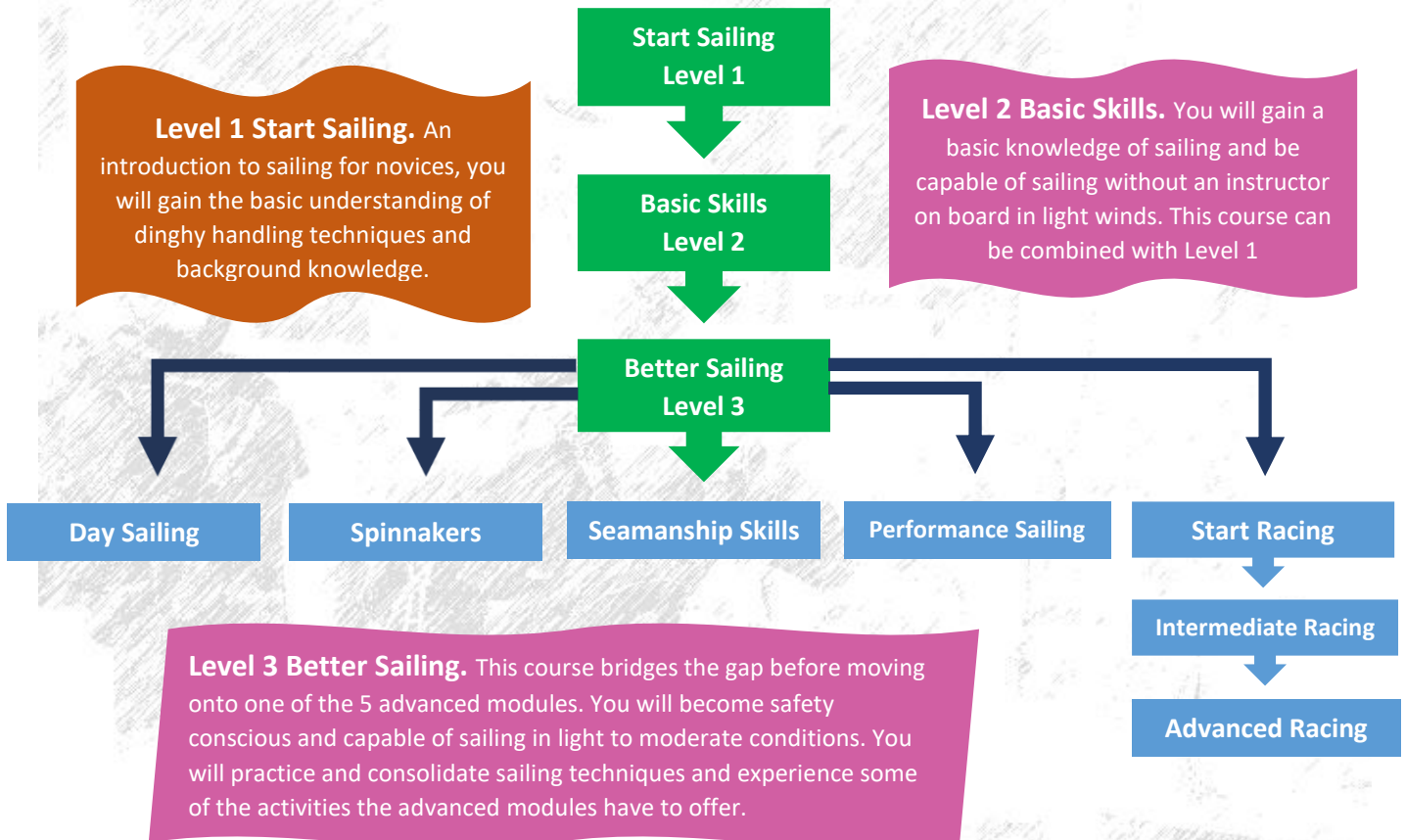
The Syllabi for each of the four stages of the RYA Youth sailing Scheme are clearly expressed in terms of competencies. As the student is able to do each item, so it can be signed off. There is provision for some guidance and help to be given within the youth scheme. When all the items for a particular award are complete, the certificate or sticker may be given. On any course it is possible that some students will complete some extra items from the next stages, in which case those items can also be signed off. On completion of the stages then students can look at the advanced modules.





RYA National Sailing Scheme (NSS) (For over 16's), National Sailing Scheme overview.

The overall aim of the RYA National Sailing Scheme will always be to introduce and promote the sport of sailing in a safe, enjoyable and informative way. It is considered important that students enjoy their experience and improve their performance, rather than the scheme striving for the highest standards of excellence. The Syllabi for each of the three levels of the RYA National sailing Scheme are clearly expressed in terms of competencies. As the student is able to do each item, so it can be signed off. When all the items for a particular award are complete, the certificate may be given. Following on from the NSS is then the advanced modules.



All sail and powerboat training at BHYC is conducted with qualified RYA Instructors, each instructor is qualified as either RYA Assistant Instructor, RYA Dinghy Instructor, RYA Senior Instructor, some may have the RYA Advanced endorsement, RYA Race Coach and Powerboat Instructor. All training is conducted within the RYA guidance on ratios, meaning normally a student to instructor ratio of 6:1 for sailing, 3:1 for Powerboat 2, and 6:1 for Safety Boat

The RYA and BHYC are committed to the principle of equal opportunity and aims to ensure that all present and potential participants, members, instructors, coaches, competitors, officials, volunteers and employees are treated fairly and on an equal basis, irrespective of their gender, age, disability, ethnic origin, colour, religion or belief, social status or sexual orientation.

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Easter Training will be available for Cadets and Adults, this will be the first main opportunity for many to refresh and brush off the cobwebs ready for the coming season. Two courses will be available for cadets over 4 days, one for those who hold YSS Stage 2 (Youngsters) and the other for those that hold YSS Stage 4 and above. There is also the option for a 2 day adult refresher should sufficient adults request it. These courses follow no specific RYA Stage or Level and are designed as refresher, elements of the syllabi may be signed off if appropriate

| Code | Course Title | Dates | Cost |
|---------|------------------------|--|---------|
| SA01/17 | Youngsters / Refresher | Mon 10 th – Thu 13 th April 2017 | £125.00 |
| SA02/17 | Hotshots / Refresher | Mon 10 th – Thu 13 th April 2017 | £125.00 |
| SA03/17 | Adult Refresher | Tue 18 th – Wed 19 th April 2017 | £70.00 |

May Half Term is 4 and 5 days of training retrospectively, the tides are on the late side, so the days will be starting later with later finishes. There will be 2



courses running, Combined YSS Stage 1 & 2 (Min age 8yrs) to introduce young sailors to waterborne activities, fun and games both on and off the water. The other course will be a Cadet Refresher, for those that already have the Stage 2 or above. The objective being to get cadets on the water sailing and practicing their general sailing within a mixed ability group. Boats used will be from 420's down to Pico's. This course follows no specific RYA Stage and is designed as a refresher, centred around sailing with minimal theory, elements of the syllabi may be signed off if appropriate.



| Code | Course Title | Dates | Cost |
|---------|---|--|---------|
| SA04/17 | Combined YSS Stage 1 & 2 (Oppy / H10) | Tue 30 th May – Fri 2 nd June 2017 | £165.00 |
| SA05/17 | Cadet May Refresher (Stage 2 and above) | Tue 30 th May – Fri 2 nd June 2017 | £125.00 |

Main July, August Summer Training, this is the main period of training for BHYC and in many respects where all the training started many years ago. This is where cadets and adults alike get the chance to learn and improve their sailing skills and make new friends. A variety of RYA courses are available during this period from YSS Stage 1 to Performance Sailing all being conducted in a variety of club boats. The calendar is also full of many Regatta's and race series events where you can put your new found skills to the test. Also running during this period will be an RYA Assistant Instructors Course for those who want to start passing their knowledge and skills on.





BHYC TRAINING INFORMATION

Training Programme

BHYC
Training Courses
2017

| Code | Course Title | Dates | Cost |
|---|---|--|---------|
| SA06/17 | Performance / Sailing with Spinnakers | Tue 25 th July – Sat 29 th July 2017 | £235.00 |
| SA07/17 | Combined YSS Stage 1 & 2 (Additional course) | Tue 25 th July – Fri 28 th July 2017 | £165.00 |
| SA08/17 | YSS Stage 1 (Oppy / H10) | Mon 7 th – Thu 10 th Aug 2017 | £165.00 |
| SA09/17 | NSS Level 1 & 2 Adult | Mon 7 th – Thu 10 th Aug 2017 | £200.00 |
| SA10/17 | RYA Start Racing (Inc BSC Regatta) | Mon 7 th – Sat 12 th Aug 2017 | £235.00 |
| Briefing for the following courses will Sat 19th Aug 2017 @ 1700hrs | | | |
| SA11/17 | YSS Stage 2 (Oppy / H10) (Cadet Week) | Sun 20 th – Fri 25 th Aug 2017 | £220.00 |
| SA12/17 | YSS Stage 3 (Pico) (Cadet Week) | Sun 20 th – Fri 25 th Aug 2017 | £250.00 |
| SA13/17 | YSS Stage 4 (Pico) (Cadet Week) | Sun 20 th – Fri 25 th Aug 2017 | £250.00 |
| SA14/17 | Seamanship Skills (420, RS Feva) (Cadet Week) | Sun 20 th – Fri 25 th Aug 2017 | £250.00 |
| SA15/17 | RYA Assistant Instructors (Cadet Week) | Sun 20 th – Fri 25 th Aug 2017 | £50.00 |
| Prize Giving on Saturday 26th August at 16:00 and 17:00 followed by STW Disco at 19:00hrs | | | |
| Monday 28th August: Cadet and Novice Regatta. | | | |

The Advanced modules of Performance Sailing and Sailing with Spinnakers course will be a combined course, for those that hold Start Racing and or Seamanship. Those who do not hold Sailing with Spinnakers will work to that syllabi and those that do, will work towards the Performance Sailing Syllabi.

The Start Racing course appears earlier in August allowing the students to complete the course earlier, allowing them to enter Regatta's and club racing. Ideally for those that have completed their Seamanship and want to work both as helm and crew and develop their skills out racing, this course will be conducted in the 420.



The Seamanship course is for those students that have completed all their Stages up to and including Stage 4. Seamanship is the natural progression to start learning the advanced skills of sailing and seamanship.

National Sailing Scheme (NSS) Level 1 & 2, this course is for adults (16+) who want to learn to sail with like-minded beginners away from young eyes and their helpful comments. An introduction to sailing, covering the RYA NSS Level 1 Start Sailing and NSS Level 2 Basic Skills modules. This course offers a variety of boats to sail including Swans, Bahia and 420's

The Youth Sailing Schemes (YSS) Stage 1 to 4 are the natural progression courses for the cadets to follow and complete as they go through their journey of learning to sail, to then becoming competent sailors who are then ready to move onto the Advanced modules. We at BHYC start taking cadets onto the stage 1 course at the age of 8yrs. Stages 1 & 2 tend to be completed in Oppies and H10's before moving onto the Pico's for Stage 3 & 4.

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J.Summers BHYC Chief Instructor (12/05/17) ver 2





The Assistant Instructors course is for those students who wish to start on the Instructors ladder, by passing their skills and experience onto others. This is “on the job” training with additional separate instructor inputs as a group. Minimum standard is to of passed at least one of the National Sailing Schemes Advanced Modules. Recommendation from Principal/Chief Instructor.

These are the planned courses, should the demand be for other courses, or there is a large over subscription on any particular course then attempts will be made to add or amend courses.

Powerboat Training

| Code | Course Title | Dates | Cost |
|---------|------------------------|---|---------|
| SB01/17 | RYA Safety Boat Course | Fri 24 th – Sun 26 th March 2017 (24 th 1900hrs) | £150.00 |
| PB01/17 | RYA PB 2 | Fri 21 st – Sun 23 rd April 2017 (21 st 1900hrs) | £220.00 |
| PB02/17 | RYA PB 2 | Wed 19 th – Fri 21 st July 2017 (19 th 1400hrs) | £220.00 |
| PB03/17 | RYA PB 2 | Mon 14 th – 16 th Aug 2017 (14 th 1900hrs) | £220.00 |
| PB04/17 | RYA PB 2 | Fri 29 th Sep – Sun 1 st Oct 2017 (29 th 1900hrs) | £220.00 |
| SB02/17 | RYA Safety Boat Course | Fri 13 th Oct – Sun 15 th Oct 2017 (13 th 1900hrs) | £150.00 |

These are the planned dates for Powerboat training for the coming year. Powerboat courses can be scheduled in to suit within reason, if additional dates are required please contact training@bhyc.org.uk and every effort will be made to put on courses, on a supply and demand basis. Applicants for an RYA PB Level 1 or 2 at BHYC must be aged 14yrs and over by the start of the course. Applicants for an RYA Safety Boat qualification must be aged 16yrs and over and hold a RYA PB Level 2, at the start of the course. There are no guarantees of an RYA certificate at the end of your course, additional training may be required.



On Going Cadet Training

The 420 and Pico Squad training sessions that began last year will continue this year, dates and times will be circulated through the various club forums. These sessions proved very successful last year and provided cadets with the regular short burst coaching sessions in specific bite sized areas and to generally improve their sailing, whilst being given the opportunity to try and test different techniques whilst out sailing.

Ladies That Launch (LTL) & Adult Sessions

It is expected this year that the Ladies that Launch group and other adults will have the opportunity to have regular planned training and or supervised sessions on the water. This is focused on the group as a whole both socially and to build confidence in different boats, concentrate on specific areas of sailing with the long term goal of improving their sailing and confidence on the water.

Private Lessons

Private lessons will be available to those club members who want a little bit of training as a refresher, or to generally improve their sailing skills. There is the potential option for RYA stages and levels to be completed on this basis. Dates will be to suit you. Further information can be obtained via the club office, or by emailing training@bhyc.org.uk or the Chief Instructor directly chiefinstructor@bhyc.org.uk





Training Courses Booking Terms and Conditions

Please note that places are limited and all courses will be allocated on a first come first served basis, so please complete and submit your forms as soon as possible to avoid disappointment.

Conditions of Applications

Age 18 + must be a member of BHYC.

Age 8 - 17 must be a cadet member and must have a responsible Adult who is also a member of the Club.

- Please submit the correct application form for the course including the medical and photographic consent forms.
- Training can be contacted on training@bhyc.org.uk
- **A receipt of your application will be acknowledged. If you do not receive acknowledgement please contact training.**
- Applicants will be notified of a place as soon as possible.
- Applications will close when the course is full. We will hold a reserve list for all courses.
- An invoice will be sent out to all successful applications following on from the confirmation of a place. This MUST be paid in full, 2 calendar months before the course starts unless otherwise stated, failure to do so could result in your place being offered to a person on the reserve list.
- There will be no refunds for cancellations made within 1 calendar month, prior to the course commencing.

Previous experience and hours entered in the applicant's logbook will be a chief factor when selecting the best course for the applicant. If the applicant cannot show that they have done any sailing since the previous Training, they may be offered the same course as previously enrolled on.

General

All bookings are subject to the Student and, where appropriate, the Parent undertaking that they have read and understood the terms and conditions contained herein. Within this document and application forms, the phrase "Parent and Legal Guardian," will be shortened to Parent.

Where the term Student is used, and the Student is under 18 years of age on any day of the Course, the Parent has responsibility for conforming to the students booking conditions. The Parent must sign the Booking Form where the Student is under 18.

Safety

BHYC's Waterborne Policy, Child Protection Policy and Risk Assessment are available for viewing in the Club Foyer, Club Office, and Training Office and online at <http://www.bhyc.org.uk/BHYC%20OPERATIONS%20MANUAL.pdf>

All students must at all times follow the instructions of the Chief Instructor, Senior Instructor or Course Leader in charge of the Course or related activity. Any student that is being disruptive or jeopardizing the safety of others and themselves, that student may be asked to leave the course without any redress to a refund.

No student suspected to be under the influence of alcohol or drugs will be permitted to participate.

Comply with any signing in/out procedures at the start and end of each day.

When going out on the water, wear suitable clothing for the conditions and an approved personal buoyancy aid / life jacket. This will be checked by your Instructor.

In providing the training, safety will remain of paramount importance, with a daily risk assessment being completed, the Chief Instructor/Senior Instructor will decide the sailing areas and format for the day taking the conditions into account.

BHYC and its representatives bare no responsibility for any loss, damage or injury, howsoever arising during training courses and related activities.



The provision of Support Boats on the water, does not relieve the helm and crew of their responsibilities whilst afloat.

Insurance

The Club's sailing boats are insured but may require the helm/crew to undertake payment of an insurance excess in the event of damage being caused through their fault. If the helm is under 18 then the Parent shall be liable for this excess. Any deliberate loss or damage to a boat or equipment must be paid for.

Medical Condition

The Club requires that all Students must declare on the Medical Consent Form if they are suffering from or undergoing treatment for any medical conditions that may affect their participation in a Course. If in any doubt as to your fitness to participate on a Course, consult your GP. A completed medical / photographic consent form is treated as "Confidential". Any student that does not complete this cannot take part in activities.

Swimming Ability

All Participants must be able to swim a minimum distance of 25m in light clothing (without buoyancy aids) and be confident in the water.

Pre-Course Experience or Criteria

BHYC will require that all information and minimum requirements for each Course are met in full and reserves the right to reject applications for a Course where such information is either not available or unacceptable.

Dinghy Courses

Group / Course allocation is at the discretion of the Chief Instructor.

BHYC must have details of the Parent or other nominated person who can be contactable on the Isle of Wight at all times throughout the Course, for Students under the age of 18. All Students will provide an In Case of Emergency (ICE) number.

Clubs Right to Amend the Conditions

BHYC has the right to alter, amend, add to or otherwise revise the foregoing Booking Conditions or withdraw any Course or Activity included in the Programme without notice.

BHYC reserves the right to cancel Courses at its own discretion. If BHYC were to cancel a Course it would rearrange the dates or refund fees in full.

THIS IS A LIVE DOCUMENT AND MAYBE UPDATED BY BHYC AT ANY POINT SHOULD ADDITIONAL COURSES BE ADDED TO THE CALENDAR.



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