

BHYC TRAINING PROGRAMME 2018-19

(Tide Times & Heights Portsmouth)

DATE	HW	Ht (m)	START	LINE	RACE SERIES	NOTES	
FEBRUARY							
Wed	14	10:44	3.2				
Thurs	15	11:19	3.3				
Friday	16	11:53	3.3				
Sat	17	12:26	3.3				
MARCH							
Fri	9	16:45	2.5		Safety Boat Theory		
Sat	10	17:48	2.3		Safety Boat Course		
Sun	11	19:09	2.2		Safety Boat Course		
Fri	23	15.27	2.9		Power Boat Level 2 Theory		
Sat	24	16.31	2.7		Power Boat Level 2 Course		
Sun	25	18.51	2.6		Power Boat Level 2 Course		
Tue	3	14:15	4.6			Easter Training	
Wed	4	14:58	4.5			Easter Training	
Thurs	5	15:37	4.4			Easter Training	
Fri	6	16:15	4.2			Easter Training	
Sat	14	11:25	4.4	10:00		Team Racing Practice// Supported Sailing	
Sat	21	16:19	4.4			Team Racing Practice// Supported Sailing	
Tues	24	20:02	2.7			Ryde Sea Cadets 1	
Sun	29	11:44	4.5	11:00	BHYC Open Day		
MAY							
Tues	8	18:16	3.8	18:30	H	EV 1	Ryde Sea Cadets 2
Sat	19	15:12	4.7	14:00		RYA Push The Boat Out	
Mon	21	17:25	4.4	16:30			After School Sailing /Bembridge Sea Scouts
Tues	22	18.24	2.9	18:00			Ryde Sea Cadets 3
Sat	26	09:56	4.3	10:00			Team Racing Practice// Supported Sailing
Tue	29	12.21	3.4				Laser Youth Team Race BSC/BHYC May Half Term Training
Wed	30	12.56	3.4				May Half Term Training
Thurs	31	13.36	3.4				May Half Term Training
JUNE							
Fri	1	14.12	3.3				May Half Term Training
Wed	6	17:42	4.0	16:30			After School Sailing /Bembridge Sea Scouts
Thurs	7	18.39	2.7	18:00			Ryde Sea Cadets 4
Tues	19	17:13	4.6	16:30			After School Sailing /Bembridge Sea Scouts 4 Way Club Match in Mermaids
Thurs	21	19:08	4.4	18:30	H	EV 4	Ryde Sea Cadets 5
Fri	22	20.16	3.0				Powerboat Level 2 Course Theory
Sat	23	21.19	3.1				Powerboat Level 2 Course
Sun	24	22.14	3.2			Prince Phillip Cup	Powerboat Level 2 Course

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JULY						
Thurs	5	16:51	4.1	16:30		After School Sailing /Bembridge Sea Scouts
Thurs	19	17:13	4.6	16:30		After School Sailing /Bembridge Sea Scouts
Fri	20	18.33	3.0	18:00		Ryde Sea Cadets 6
Tues	24	10:21	2.8			Race Training
Wed	25	11.09	3.0			Race Training
Thurs	26	11.49	3.1			Race Training
Fri	27	12.25	3.2			Race Training
Mon	30	14:09	3.3			Sail Training
Tues	31	14:42	3.3			Sail Training
AUGUST						
Wed	1	15:18	4.4			Sail Training
Thur	2	15:53	4.4			Sail Training
Fri	3	16:34	4.3			Sail Training
Thur	9	10:21	4.4			Training
Fri	10	11:13	4.6			Training
Sat	11	12:02	4.8	11:30	CB	SPW 5-6
Sun	12	12:50	4.9			STW
Mon	13	13:38	4.9			STW
Tue	14	14:31	4.9			STW
Wed	15	15:30	4.8			STW
Thur	16	16:22	4.7			STW
Fri	17	17:05	4.5			STW
Wed	22	09:43	3.9			BSC Regatta - STW Prize Giving and Disco
Thur	23	10:38	4.1			Sail Training – Fun week
Fri	24	11:20	4.3			Sail Training– Fun week
Wed	29	14:16	4.6			Training- Supported Sailing
Thur	30	14:47	4.5			Training- Supported Sailing
Fri	31	15:18	4.5			Training- Supported Sailing
SEPTEMBER						
Mon	17	17:48	4.0	16:30		After School Sailing /Bembridge Sea Scouts
OCTOBER						
Mon	22	11:22	3.1			October Half Term Training
Tues	23	11:47	3.3			October Half Term Training
Wed	24	12:21	3.4			October Half Term Training
Thurs	25	12:54	3.4			October Half Term Training
Fri	26	13:27	3.4			October Half Term Training