

# BHYC TRAINING PROGRAMME 2018-19

(Tide Times & Heights Portsmouth)

DATE	HW	Ht (m)	START	LINE	RACE SERIES	NOTES
<b>FEBRUARY</b>						
Wed	14	10:44	3.2			
Thurs	15	11:19	3.3			
Friday	16	11:53	3.3			
Sat	17	12:26	3.3			
<b>MARCH</b>						
Fri	9	16:45	2.5		Safety Boat Theory	
Sat	10	17:48	2.3		Safety Boat Course	
Sun	11	19:09	2.2		Safety Boat Course	
Fri	23	15.27	2.9		Power Boat Level 2 Theory	
Sat	24	16.31	2.7		Power Boat Level 2 Course	
Sun	25	18.51	2.6		Power Boat Level 2 Course	
<b>APRI</b>						
Tue	3	14:15	4.6			Easter Training
Wed	4	14:58	4.5			Easter Training
Thurs	5	15:37	4.4			Easter Training
Fri	6	16:15	4.2			Easter Training
Sat	14	11:25	4.4	10:00		Team Racing Practice// Supported Sailing
Sat	21	16:19	4.4			Team Racing Practice// Supported Sailing
Wed	25	20:02	2.7	17:00		Onboard Afterschool Sailing
Sun	29	11:44	4.5	11:00		
<b>MAY</b>						
Mon	7			5pm		Onboard Afterschool Sailing
Tues	8	18:16	3.8	18:30	H	EV 1
Sat	12					<b>RYA Push The Boat Out</b>
Sun	20		4	15:00		Onboard Afterschool Sailing
Sat	26	09:56	4.3	10:00		Team Racing Practice// Supported Sailing
Tue	29	12.21	3.4			<b>Laser Youth Team Race BSC/BHYC May Half Term Training</b>
Wed	30	12.56	3.4			May Half Term Training
Thurs	31	13.36	3.4			May Half Term Training
<b>JUNE</b>						
Fri	1	14.12	3.3			May Half Term Training
Thu	7			17:00		Onboard Afterschool Sailing
Thurs	7	18.39	2.7	18:00		
Sat	16			10:00		<b>Open Day</b>
Tues	19	17:13	4.6	16:30		4 Way Club Match in Mermaids
Wed	20			17:00	H	EV 4
Fri	22	20.16	3.0			Powerboat Level 2 Course Theory
Sat	23	21.19	3.1			Powerboat Level 2 Course
Sun	24	22.14	3.2			<b>Prince Phillip Cup</b> Powerboat Level 2 Course
DATE	HW	Ht (m)	START	LINE	RACE SERIES	NOTES

<b>JULY</b>							
Wed	4			17:0			Onboard Afterschool Sailing
Thr	19	17:13	4.6	17:00			Onboard Afterschool Sailing
Tues	24	10:21	2.8				Race Training
Wed	25	11.09	3.0				Race Training
Thurs	26	11.49	3.1				Race Training
Fri	27	12.25	3.2				Race Training
Mon	30	14:09	3.3				Sail Training
Tues	31	14:42	3.3				Sail Training
<b>AUGUST</b>							
Wed	1	15:18	4.4				Sail Training
Thur	2	15:53	4.4				Sail Training
Fri	3	16:34	4.3				Sail Training
Thur	9	10:21	4.4				Training
Fri	10	11:13	4.6				Training
Sat	11	12:02	4.8	11:30	CB	SPW 5-6	Sail Training Week Briefing 17:00
Sun	12	12:50	4.9			STW	
Mon	13	13:38	4.9			STW	
Tue	14	14:31	4.9			STW	
Wed	15	15:30	4.8			STW	
Thur	16	16:22	4.7			STW	
Fri	17	17:05	4.5			STW	BSC Regatta -
Sat	18						STW Prize Giving and Disco
Wed	22	09:43	3.9				Sail Training Fun Week
Thur	23	10:38	4.1				Sail Training Fun Week
Fri	24	11:20	4.3				Sail Training Fun Week
Wed	29	14:16	4.6				Training and Supported Sailing
Thur	30	14:47	4.5				Training and Supported Sailing
Fri	31	15:18	4.5				Training and Supported Sailing
<b>SEPTEMBER</b>							
Mon	3			17:00			Onboard Afterschool Sailing
Mon	17	17:48	4.0	17:00			Onboard Afterschool Sailing
<b>OCTOBER</b>							
Mon	3			17:00			Onboard Afterschool Sailing
Mon	22	11:22	3.1				October Half Term Training
Tues	23	11:47	3.3				October Half Term Training
Wed	24	12:21	3.4				October Half Term Training
Thurs	25	12:54	3.4				October Half Term Training
Fri	26	13:27	3.4				October Half Term Training